

# Personalized Nutritional Analysis



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Ask yourself – Are you tired of feeling tired? Do you need to boost your immune system? Would you like to lose weight? Are you getting enough nutrition while suffering through an illness or medical treatment? Do you know others that are experiencing the same challenges?

*\*Note: Nutritional Analysis can be done in person or over the phone/internet.*

## Personalized Nutritional Analysis

- Comprehensive nutritional analysis includes:
  - Macronutrients
  - Digestive Imbalances
  - Excesses
  - Macro Minerals
  - Micro Minerals
  - Water Soluble Vitamins
  - Other Nutrients
  - Toxic Metals
  - Glandular Imbalances
  - Metabolic/Systemic Imbalances
- Height, Weight, Body Fat, BMI, Measurements
- Analysis of 3-day food log
- Before/After pictures
- Recommended Daily Nutrient Intake (Broken down by calories, Carbs, Proteins, and Fats)
- Weekly Grocery List
- Detoxification
- Supplements
- Food Log
- Progress Tracking Chart

Price: \$125.00